

'The Perfect Parent'

Imagine a perfect parent. What would they be like? What skills, qualities, attitudes and knowledge would they possess?

Skills:

Problem solving, Esteem building, Negotiating, Facilitator, Feedback skills, Listening skills, Counselling & Coaching skills, Mediator, Discipline, Manage change, Leadership skills, Time management, Financial management, Teacher

What other skills can you add?

Qualities/ Attitudes:

Calm, patient, compassionate, loving, forgiving, hard working, passionate, protective, empowering, reliable, trustworthy, good listener, intuitive, creative, assertive, confident, adaptable, wise, knowledgeable, expressive, open, intuitive, strong, capable, wise, supportive, enabling

What other qualities and/or attitudes can you add?

Knowledge:

Financial management, child health, nutrition, child psychology,

What else would they know?

Has anybody got all these skills, qualities and abilities?

Remember: There is no such person as the 'perfect parent'. We all make mistakes and are fallible. We are simply doing the best we can, with what we've got.

And...

Parenting is a set of skills and attitudes that we can learn, develop and improve.